

The Communicator Volume XXXVI Issue 10
FRANCIS ASBURY UNITED METHODIST CHURCH
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FRANCIS ASBURY UMC

PRAISING GOD • GROWING SPIRITUALLY • REACHING NEIGHBORS

THE COMMUNICATOR

Volume XXXVI Issue 10

OCTOBER 2023



SUNDAY, OCTOBER 29th

at 4pm in the Courtyard.

Bring a comfy chair and help us

CELEBRATE FALL!

There will be lots of fun, individual & team games, a Chili & Baked Potato Supper, Halloween Peeps S'mores, a Toilet Paper Pumpkin craft, hayride, dessert walk (bring any type of dessert for a prize), door prizes, "Guess how many?" & much more! **All are welcome!**

Kids are invited to wear costume if they'd like.

YOU CAN HELP! We need flannel cloth (18-in squares or larger) or flannel shirts for our "Toilet Paper Pumpkin" Craft . We are also collecting candy and fall treats for prizes.

Please leave donations in the designated container in the Narthex by Sunday, October 22.

Welcome
to Our Church

Sunday
Worship
at
11 am

IN MINISTRY

Ministers & Missionaries-
ALL MEMBERS

Pastor	Avery White
Lay Leader	Charlie Kooles
Music Director	Jess Mills
Administrator	Danya Sellers
Custodian	Glenda Shook
C&FM Director	Megan Serzan
Nursery	Amy Dayton
Faith C. Nurse	Dora Brown, RN

**"Blessing of
the Animals"
Service
on Sunday,
October 1st
at 3pm**



Join us in the courtyard, for this informal worship experience, giving thanks to God for God's creation and especially the animals that we love. You are invited to bring your pets, or pictures of pets you have loved, for

a special blessing and prayer. **All welcome!**
Please make sure that all animals are



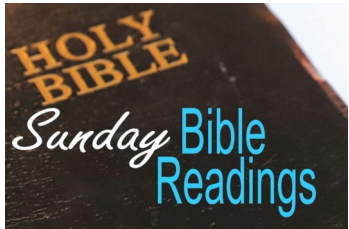
*For the beauty of the earth,
for the glory of the skies, For
the love which from our birth
over and around us lies; Lord of
all to thee we raise this our hymn
of grateful praise (UMH p. 92).*

As the mornings begin to feel cool and crisp, we sense that **Fall** weather is not far away. The experts are beginning to project the peak times for **Fall** colors, and tourists have made their plans for **leaf**-peeping. It won't be long before the vibrant shades of **yellow**, **orange**, and **red** cover the mountains around us. For many people, the weather and the beauty make **Fall** a favorite season. As we notice these changes, we admire God's creation and give thanks to God for such beauty and intentionality.

These **leaves** that are changing color are actually returning to their natural color. They are not naturally green. The green color develops from the trees producing Chlorophyll. As the days get shorter, the trees do not get enough sunlight to make this food for themselves. They stop producing Chlorophyll, and the green color fades away, revealing the true and natural color of the leaves.

This process might inspire us to consider how we are living fully into the people that God has created us to be. Does anything need to fade away, or be re-focused? Do we need to let go of anything, work toward forgiveness, or find the courage to say 'yes' to a new opportunity to serve? This month at Francis Asbury, we will offer many opportunities for worship, discipleship, and service. In worship, we will continue our journey with Moses and the Israelites, noticing how God provides for them and gives them appropriate boundaries for their life together. As we grow in discipleship, Bible Studies and small groups will continue, and we will complete preparations for our annual Charge Conference meeting on November 5th. As we reach and serve our neighbors, we will: feed the Enka High JV football team; host a church yard sale (proceeds to FAB missions); offer our monthly market and food pantry; host a **fall** festival (invite your friends and neighbors!); continue to support First Step Farm, ABCCM, and other local organizations; and more!

I thank God for the ways that this congregation lives into its mission!
In Christ's Love, *Pastor Avery*



October 1

Sermon Text: **Exodus 16:2-25**

Sermon Title:

"Bread from Heaven"

October 8

Sermon Text:

Exodus 20:1-4, 7-9, 12-20

Sermon Title:

"God Spoke These Words..."

October 15

Sermon Text:

Deuteronomy 34:1-10

Sermon Title:

"Passing on the Promise"

October 22

Sermon Text:

Matthew 18:21-25

Sermon Title:

"Forgiveness 101"

October 29

Sermon Text:

Matthew 20:1-16

Sermon Title:

"Fairness or Justice?"



**WORSHIP
COMMITTEE
MEETING on
Wednesday,
October 4th
at 4:30pm**

in the FAB Room.



**Buddy Walk 2023 on
Saturday,
October 7th, from
11am-2pm at
Fletcher Park (85
Howard Gap Road,
Fletcher). ¼ mile
ceremonial walk and a day of family fun.**

The event will include a walk t-shirt, lunch
from Chick Fil-A, bouncy houses, face
painting, games, a DJ, and more.

**Cost is \$10 per person and includes
everything mentioned above, plus lots
of hugs and love from the Down syndrome
and disability community. Please see
Vanessa Champlin with questions.
<https://www.wncdsa.org/buddy-walk/>**



**HOMINY VALLEY
ABCCM
Every 4th Sunday is
Hominy Valley ABCCM
October 22**

Please bring donations for
those less fortunate in our
community.

**Most needed items at this time are:
Toilet paper, laundry detergent, eggs,
razors, soap, dish soap**

You may leave donated items in the large
basket in the Narthex. You may place
monetary donations marked "ABCCM" in the
wood box as you enter the Sanctuary or
in the offering plate. Thank you!



**Charge Conference
Sunday, November 5th
at 4pm at Lake Julian
Hominy Valley UMC
Community Thanksgiving
Service
Sunday, November 19th
at 4pm at Francis Asbury**



FAUMC NURSE

MINISTRY

**A Little Advice
from Nurse Dora
HEARING LOSS
and DEMENTIA**

Hearing is the sense that connects us to other people and the world around us. The loss of hearing can make some situations frustrating, or lead to isolation and withdrawal. Research from Johns Hopkins reveals that hearing loss is linked with walking problems, falls and even dementia. As you walk, your ears pick up subtle cues that help with balance, and hearing loss mutes these important signals.

Studies have also found an association between hearing loss and the development of dementia in older adults. It has been found that mild hearing loss doubles dementia risk, moderate hearing loss triples the risk and people with a severe hearing impairment are five times more likely to develop dementia. Brain scans have shown hearing loss may contribute to a faster rate of atrophy in the brain. Hearing loss also contributes to social isolation and a lack of engagement in conversation, both of which may contribute to dementia.

Nearly everyone experiences hearing loss from time to time. Common causes include a buildup of earwax or fluid in the ear, ear infections of a change in air pressure. A mild degree of hearing loss is an inevitable part of the aging process.

If you suspect you are losing your hearing, you should see a doctor who specializes in hearing disorders. And if a hearing aid is recommended, you should be aware that research has shown that using a hearing aid may help slow the development of cognitive problems as we age.

Health & Happiness-
Dora Brown, RN, Faith Community Nurse



Meeting on
Thursday,
October 3 at
6pm in the
Fellowship Hall.



**Sunday,
October 15**
following
worship
in the
Fellowship Hall.

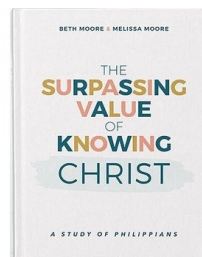
Sign-up to be a
Lay Reader in
October, November
& December.
Sign-up sheet in the
Penley Room.



**FAB Women
Monthly Meeting**
on **Tuesday,**
October 10 @ 6 pm
at the Home of
Rosemary Brown
(27B Heather Way).
Salty-Rosemary
Sweet-Pastor Avery
Devo-Veronica
All Ladies Welcome!

**First Step Farm for
Women:**
Please bring **15**
Fall/Halloween
Treats for the girls
by **October 8** and
leave in the FAB Room.

**The Surpassing Value
of Knowing Christ
Bible Study**
Tuesdays at 6pm
(except Oct. 10)
in the Fellowship Hall.



Dates:
Oct.
3,
17 &
24



The next
JOY meeting is
October 17th
at **10:30am**
in Fellowship Hall.
All are Ladies are welcome!



**NO 3rd
Sunday
Breakfast
in October**
since the
Men
are providing breakfast at the
Yard Sale on October 21st.
**Many thanks to the UMM for
this community outreach!**
HVUMM Breakfast on Sunday,
Oct. 29 at 7:30 at Acton UMC



**Our next FREE Food Pantry
& Market is Thursday,**
October 19 from 3-5pm
in the Gym.

Pantry & Market items are
available to support anyone
in the community who is
experiencing food insecurity.
Last month, we served 37
households & 132 individuals.
Interested in volunteering?
Please see Vanessa Champlin.



October
Family Fun
Picnic &
Hiking Trip
on Sunday,
October 8
following
worship.

Meet in FAUMC Parking lot. Bring a picnic
as we stop for lunch at **Water Rock Knob**
(Haywood County) on the Blue Ridge
Parkway. Then we'll go for a 1.2-mile round
trip hike. Afterwards, the
church will treat everyone
to "Jack the Dipper"

Ice Cream-Home
of the Warm
Waffle Cone.
All are welcome!



**We are now taking orders for NEW Francis
Asbury T-shirts featuring our NEW logo.**

Cost: **\$15 each**. T-shirts are available in
3 Gildan Softstyle colors- "**Cornsilk** (yellow),
Heather Galapagos Blue, and **Kiwi** (pale green)."

You can email, call or sign-up in the
Penley Room to place your order.
Please indicate the size & color
of shirt(s) you would like.

Payment accepted after t-shirts arrive.

Ordering is available until October 22.



**Saturday,
October
21st**
from
8am-2pm
in the Gym

**Now accepting
TABLE RESERVATIONS**
(1 for \$15; 2 for \$25) &
gently used yard sale items!
The United Methodist Men will have
coffee, sausage, bacon, eggs,
biscuits and gravy available.
Yard Sale Set-up on
Friday, Oct. 20 from 3-6pm.
Please see Danya Sellers with
donations, reservations or
to volunteer to set-up or attend
the church yard sale tables.



OCTOBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY																																																	
1  10 Sunday School 11 Worship & Holy Communion 3 Blessing of the Animals Service	2	3 6pm SPRC Meeting 6 pm Surpassing Value of Knowing Christ Study 6:30-7:30 pm Gym: <i>Cub Scouts</i>	4 4:30 pm Worship Committee Meeting In the FAB Room 6-7:30 pm Choir Practice		5	6 <i>Office Closed</i>	7 11am-2pm Buddy Walk at Fletcher Park \$10 each https://www.wncdsa.org/buddy-walk/																																																	
8 10 Sunday School 11 Worship 12ish pm Family Fun Picnic & Hiking Trip 	9 <i>Office Closed</i> 	10 11am Parkinson's CarePartner Group 6pm FAB Women at Rosemary Brown's 6:30pm: <i>Cub Scouts</i>	11 6-7:30 pm Choir Practice		12 3:30pm Feed EHS JV Football Team in the Fellowship Hall	13 <i>Office Closed</i>	14 6-10:30 pm Gym: <i>Smoky Mountain Dance</i>																																																	
15 10 Sunday School 11 Worship 12 Church Council in the Fellowship Hall	16	17 10:30am JOY in Fellowship Hall 6 pm Surpassing Value of Knowing Christ Study 6:30-7:30 pm Gym: <i>Cub Scouts</i>	18 6-7:30 pm Choir Practice		19 3-5 pm in Gym 	20 <i>Office Closed</i> 3-6 pm Yard Sale Set-up in the Gym	21 8am-2pm Fall Yard Sale in the Gym 8-10am Coffee, Biscuits & Gravy in the Fellowship Hall																																																	
22 10 Sunday School 11 Worship Last Day to Order FAUMC T-shirts <i>HV ABCCM SUNDAY</i>	23 	24 6 pm Surpassing Value of Knowing Christ Study Concludes 6:30-7:30 pm Gym: <i>Cub Scouts</i>	25 6-7:30 pm Choir Practice		26 11am Parkinson's CarePartner Group	27 <i>Office Closed</i>	28 6-10:30 pm Gym: <i>Smoky Mountain Dance</i>																																																	
29 7:30 HVUMM Breakfast at Acton UMC 10 Sunday School 11 Worship 4 pm Celebrate Fall Event	30	31 <i>Halloween</i> 6:30-7:30 pm Gym: <i>Cub Scouts</i> 	PEW PRAYERS 1-FAB Women 8-Ladies Class 15-Men's Class 22-Young Adult 29-Young Disciples		LAY READERS 1-Pam Moser 8-Need Someone 15-Glen Champlin 22-Need Someone 29-Mel Hudson	YD Moment 1-Jean Jones 8-Megan Serzan 15-Pastor Avery 22-Jean Jones 29-Danya Sellers	<table><tr><th colspan="7">November 2023</th></tr><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr></table>	November 2023							S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
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- 10/7 Ken Hamlin
- 10/10 Jane Minzer
- 10/12 Tony Brown
- 10/16 Danny Allison
- 10/17 Louise Henson
- 10/17 Chip Miller
- 10/19 Walt Martin
- 10/20 Malorie Hudson
- 10/21 Megan Serzan
- 10/23 Arlyn Martin
- 10/26 Ronnie Rhinehart



- 10/16 Mike & Betty Louie
- 10/20 Frank & Nancy Moore
- 10/23 Jess & Linzy Mills
- 10/25 Dora & Gordon Ponder
- 10/28 Charlie & Rosie Kooles