

The Communicator Volume XXXVI Issue 10
FRANCIS ASBURY UNITED METHODIST CHURCH
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FRANCIS ASBURY UMC

PRAISING GOD • GROWING SPIRITUALLY • REACHING NEIGHBORS

THE COMMUNICATOR

Volume XXXVI Issue 10

NOVEMBER 2023

Our Free Food Pantry & Market Celebrates 1 Year!

Through our partnership with Manna, FAUMC started the market to address the unfortunate increase of food insecurity in and around Hominy Valley. Our first food pantry/market took place on November 18, 2022. We had around 480 pounds of food and served 15 households & 59 people. Our December 2022 market served 8 households & 22 people. Last month's October market served **41 households & 135 people**, and we hand-



ed out almost **2000 pounds of food!** Over the year we have expanded our market to include not only food, but household items, personal care, baby items & even pet supplies.

We have shared wonderful moments and met neighbors who have come to rely on our market to help offset the rising costs of food.

A special thanks to all the volunteers who have made this outreach possible. We appreciate each of you very much!

Our next FREE Food Pantry & Market is Thursday, November 16 from 3-5pm in the Gym. Please see Vanessa Champlin or Danya Sellers.



Welcome
to Our Church

Sunday
Worship
at
11 am

IN MINISTRY

Ministers & Missionaries-
ALL MEMBERS

Pastor	Avery White
Lay Leader	Charlie Kooles
Music Director	Jess Mills
Administrator	Danya Sellers
Custodian	Glenda Shook
C&FM Director	Megan Serzan
Nursery	Amy Dayton
Faith C. Nurse	Dora Brown, RN



Join us for our November Family Fun "Friendsgiving" Meal on Sunday, Nov. 12 at 5pm in the Fellowship Hall.

A wonderful time of food & fellowship with FRIENDS in the Lord! Food will be provided by our Small Groups. *Everyone is invited to bring new or gently used items you no longer want or need for Bingo prizes.* **All are welcome!**



*Rejoice in the Lord always;
again I will say, Rejoice.
Let your gentleness be known
to everyone. The Lord is near.
Do not worry about anything,
but in everything by prayer and
supplication with thanksgiving
let your requests be made
known to God. And the peace
of God, which surpasses all understanding, will guard your
hearts and your minds in Christ Jesus (Philippians 4:4-7).*

After Halloween is over, we turn towards the upcoming seasons of Thanksgiving, Advent, and Christmas in a more official capacity. (Although, for weeks now, we have had the option to purchase both our Halloween and our Christmas decorations in the same store.) Much has been written on the topics of gratitude and thanksgiving through the years. I have always loved Paul's expression of our life together in faith in his letter to the church at Philippi. He encourages the church to pray always, and to discover the link between gratitude and joy. Yet, He understands that this does not prevent suffering or sadness. They can coexist. Our certainty of God's presence, and the presence of the Body of Christ around us, help us to find peace in all circumstances. Together, we give thanks for the promises of God, even when they feel far off.

This month, at Francis Asbury UMC, we will pray for one another, and we will worship together. We will discover peace, joy, and gratitude. We will gather at the table together at our family fun "Friendsgiving" fellowship meal, hosted by our small groups. We will have the privilege of hosting the community Thanksgiving service for our Hominy Valley United Methodist Churches. We will serve our neighbors by hosting the monthly market and food pantry, and a Red Cross blood drive. During the last week of November, we will begin our Advent sermon series and book study, anticipating the official start of Advent on Sunday December 3.

I look forward to making this journey with you, as we prepare our hearts for the gift of Love born in Bethlehem and discover what transforming work God is doing in and through us. In everything, give thanks!

In Christ's Love,
Pastor Avery

Dear
Francis
Asbury
Family,



Thank you for your kind and generous recognition of Pastor Appreciation month. Caring for others is in the DNA of this congregation, and I am grateful for the blessing of being a recipient of your love and care. I thank God for you, and for the privilege of being in ministry together!

Love,
Pastor Avery



November 5:

**All Saints
Sunday
Revelation
7:9-17**

Sermon Title:

**"Amen and
Amen"**

November 12:

Matthew 25:1-13

Sermon Title:

"The Waiting Place"

November 19

Matthew 25:14-30

Sermon Title: **"Invested"**

November 26

Christ the King Sunday

Matthew 25:31-46

Sermon Title: **"He Will Be
Called: King of Kings"**



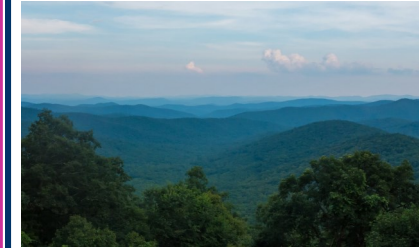
We will
observe
All Saints
Sunday
on
November 5th.

During morning worship, we will give thanks for saints who have gone before us, honoring their lives and their faith. We will also share Holy Communion. Our November Communion Offering will go to "Hominy Valley ABCCM Thanksgiving Meals."



**Children
& Family
Ministry**

**Team Meeting on
Sunday, Nov. 5
following worship**



**Charge Conference
on Sunday,
November 5 at 4pm
at Lake Julian**

(off Long Shoals Rd. in Arden)

We will join with other churches in our network for worship, approving the business of our local churches, and some music.

For those who would like to carpool, meet at FAUMC at 3:15.



**All are Welcome
at Our Community
Thanksgiving Service!**

(A Hominy Valley UMC
Missional Network Event)
**Sunday, November 19th
at 4pm**

hosted by **Francis Asbury**
**Let Us Come Together and
Give Thanks to God!**

Dessert & coffee is being served
following in the fellowship hall
compliments of
our missional network churches.



ChARTcutterie (Charcuterie Boards + Art) on Friday, November 3rd at 6:30pm in the Fellowship Hall.

FAB Women would like to invite all ladies to this special event. Lots of door prizes selected by Kari B! We will feast on an assortment of Charcuterie boards full of amazing snacks & create a beautiful seasonal painting led by Amy Lewis (EMS Art Teacher).

Hope you can join us!

HOMINY VALLEY ABCCM



**Thanksgiving
Meals for
Community
Families**

ABCCM is again assisting client families who might go without a traditional Thanksgiving meal.

**The FAUMC Church
Family can help
by donating...**

- **Boxes** of stuffing mix, green beans, corn, instant potatoes, box cake mix, cake icing &
- **Monetary donations by SUNDAY, NOV 12!**

Our **Communion Offering** on **Nov. 5** will go to **"Hominy Valley ABCCM Thanksgiving Meals."**

"For I was hungry and you gave me something to eat" Matt 25:31

⌘

Every 4th Sunday is Hominy Valley ABCCM Sunday at Francis Asbury!

**Most needed items
at this time:**

**Toilet paper, laundry
detergent, razors,
toothbrushes, soap,
dish soap, Feminine
Hygiene Products**

You may leave donated items in the large basket in the Narthex. You may place monetary donations marked **"HVABCCM"** in the offering plate or wood box.

**Thank you for caring
for those less fortunate
in Enka-Candler!**



**FAB Women
Monthly Meeting**
on **Tuesday,**
Nov. 14 @ 6 pm
at the Home of
Melanie Hudson
(Holcombe Cove Rd)
Salty & Sweet Snacks
provided by Mel
Devo-Pam Hall
All Ladies Welcome!



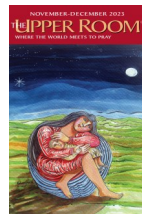
We thank Cindy
McDonald for
her devotion at
our last meeting.

**Thank you to all
the JOY Ladies** who brought
desserts for the Enka High
JV Football Team Meal.
They won after having dinner
at FAUMC—**GO JETS!**

We won't meet in November
since it's so close to Thanksgiving.
**We wish everyone safe travels
and a Happy Thanksgiving!**

Cathy Zuber will share the
devo at our **next JOY Meeting**
on **Tuesday, Dec. 19** at 10:30am.
All are Ladies are welcome!

The November-December
2023 edition of the
Upper Room
devotional
is here.



You can come
by the church
office to pick up
your copy or
we'd be happy
to deliver one to you!



**MEETING &
BREAKFAST**
Sunday, Nov. 19
at **7:30am**



Enka Middle School
Prayer Partners Ministry
**Do you want to support
an Enka Middle School
staff member with prayers
and encouraging greeting
cards?**

Prayer partners commit to pray daily for a
staff member, send an encouraging card or
note monthly, and send a small gift on their
staff member's birthday and at Christmas.
Cards can be taken to the school directly,
mailed to the school, or dropped off at
Francis Asbury UMC. If you are interested,
please sign up in the Penley Room or
contact Jean Jones at 512-745-7125 or
jgjanc@gmail.com. We will have infor-
mation from staff members who desire a
prayer partner by early to mid-November.
**Thank you for your continuing support to
students and staff at Enka Middle School!**

A Little Advice from Nurse Dora

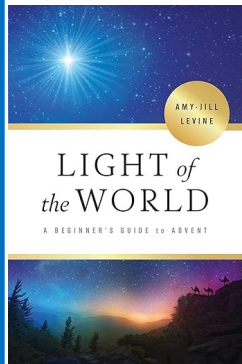
FAUMC NURSE **UNDERSTANDING
PARKINSON'S
DISEASE**

Parkinson's disease is a disorder of the brain
which causes unintended and uncontrolla-
ble movements of the body such as shaking,
stiffness and difficulty with balance and
coordination. These symptoms occur when
nerve cells in an area of the brain that
controls movement become impaired and/
or die. Early symptoms of the disease are
subtle and usually begin gradually and
worsen over time. These symptoms include
involuntary shaking or tremors of the body,
slow movement, and stiff and inflexible
muscles. Symptoms may also include
depression, anxiety, loss of sense of smell,
problems sleeping and memory problems.
As the disease progresses, people may have
difficulty walking, talking, chewing and
swallowing. They may also have mental and
behavioral changes, fatigue, irregular blood
pressure, urinary problems, constipation
and skin problems.

Although most people with Parkinson's first
develop the disease after age 60, about 5%
to 10% experience onset before the age of
50. Early onset forms of Parkinson's are
often, but not always, inherited.

Many people with Parkinson's disease note
that prior to experiencing tremor and
stiffness, they had sleep problems,
constipation, loss of smell, and restless
legs. While some of these symptoms may
occur with normal aging, talk with your
doctor if these symptoms worsen or begin
to interfere with your daily activities.

Blessings—
Dora Brown, RN,
Faith Community Nurse



**Light of the
World:**
*A Beginner's
Guide to Advent,*
by Amy-Jill Levine
Advent Study

**Mondays-
Nov. 27,
Dec. 4, 11 & 18**
at **6:30pm**

in the Fellowship Hall.
Led by Pastor Avery.

**We are using a book in this
study. If you'd like us to order
a book for you, please sign-up
in the Penley Room by
Sunday, Nov. 12. Books are \$15.**

Men & Women welcome!



Ladies Advent Tea
on **Sunday,**
December 3rd
at 3pm in the
Fellowship Hall.

The FAB Women are
excited to once again
host our Ladies
Advent Tea. Our Guest

Speaker will be **Tonya Garrison** (niece
of Rosie Kooles). All ladies are invited!

Please let Veronica Crook (828-776-8581)
or Danya Sellers (828-713-2623) know
by Sunday, Nov. 26 if you are planning
to attend and if you have any guests.
Thank you for your timely response.



Buddy the Elf has a big heart,
and we think you do too!
Share your generous spirit with
patients in need this holiday
season and in return, get
a pair of officially licensed
Elf and Red Cross socks!

**For details or an appoint-
ment, [https://
www.redcrossblood.org/local-
homepage/events/elf.html](https://www.redcrossblood.org/local-homepage/events/elf.html)**

**Blood
Drive at
Francis
Asbury
UMC Gym
Thursday,
Nov. 30
1:30 - 6 pm**





NOVEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PEW PRAYERS 5-FAB Women 12-Ladies Class 19-Men's Class 26-Young Adult Class	LAY READERS 5-Cindy McDonald 12-Glen Champlin 19-C. Rice 26-Andrew Hudson		1 6-7:30 pm Choir Practice	2	3 Office Closed 6:30 pm FAB Women ChARTcutterie Event in the Fellowship Hall	4 
5 All Saints Sunday 10 Sunday School 11 Worship & Holy Communion 12 C&FM Team Mtg 4 Charge Conference at Lake Julian	6	7 3:30-5:30 Gym Reserved: FDNSC 6:30pm: Cub Scouts	8 6-7:30 pm Choir Practice	9	10 Office Closed	11 6-10:30 pm Gym: Smoky Mountain Dance 
12 10 Sunday School 11 Worship 5pm Friendsgiving Fellowship Meal	13  5pm Shoebox Delivery at Ridgeway Baptist Church	14 11:15 am Parkinson's CarePartner Group 3:30-5:30 FDNSC 6pm FAB Women at Melanie Hudson's 6:30-7:30 pm Scouts	15 6-7:30 pm Choir Practice	16 3-5 pm in Gym 	17 Office Closed	18
19 7:30 UMM Breakfast 10 Sunday School 11 Worship 4 pm Community Thanksgiving Service @ FAUMC	20 	21 3:30-5:30 Gym Reserved: FDNSC 6:30-7:30 pm Gym: Cub Scouts	22	23 	24 Office Closed	25 6-10:30 pm Gym: Smoky Mountain Dance
26 Christ the King 10 Sunday School 11 Worship HV ABCCM SUNDAY	27 6:30 pm Light of the World Advent Study Begins	28 3:30-5:30 Gym Reserved: FDNSC 6:30-7:30 pm Gym: Cub Scouts	29 6-7:30 pm Choir Practice	30 1:30-6 pm in Gym 	MARK YOUR CALENDARS Dec. 1 @ 6pm: FAB Christmas Party Dec 3 @ 3pm: Ladies Advent Tea Dec. 5 @ 6pm: "Prepare Him Room" Virtual Event Dec 10 @11am: Choir Christmas Cantata Dec 17 @11am: Children's Christmas Play with Lunch & Santa following Dec. 24 @ 5pm: Christmas Eve Candlelight Dec. 31 @11am: Lessons and Carols Service	



**Francis Asbury
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Church**
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- 11/1 Vanessa Champlin
- 11/2 Don Rudisill
- 11/3 Sondra Cooper
- 11/6 Parker King
- 11/6 Dan Shook
- 11/12 Charlie Kooles
- 11/18 Jean Jones
- 11/19 Cindy McDonald
- 11/29 Pam Moser
- 11/30 Janice Harris



11/8 Dot & Ross Peebles

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						