

The Communicator Volume XXXVII Issue 4
 FRANCIS ASBURY UNITED METHODIST CHURCH
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FRANCIS ASBURY UMC

PRAISING GOD • GROWING SPIRITUALLY • REACHING NEIGHBORS

THE COMMUNICATOR

Volume XXXVII Issue 4

APRIL 2024

Join us for our April Family Fun "Spring Fling" on Sunday, April 14 at 4pm.



Bring a lawn chair and help us "CELEBRATE SPRING" in the courtyard. We'll enjoy a Dessert Walk (*bring a dessert for others to win*), DIY Craft, Whiffle ball, Games, Guess How Manys?, Sub Sandwich Supper & much more! Lots of great treats & even a door prize! Fun for the whole church family! Friends and family are welcome too!

Welcome to Our Church

Sunday
Worship
at
11 am

IN MINISTRY

Ministers & Missionaries-
ALL MEMBERS

Pastor	Avery White
Lay Leader	Val Grush
Music Director	Jess Mills
Administrator	Danya Sellers
Custodian	Glenda Shook
C&FM Director	Megan Serzan
Nursery	Amy Dayton
Faith C. Nurse	Dora Brown, RN



Hominy Valley Youth Event on Sunday, April 21 at 4pm here at Francis Asbury UMC in the Fellowship Hall.

For Youth in 6-12 Grade. Fun, food, fellowship and even a service project. Joint Hominy Valley UMC event.

Last month, the youth assembled 200 peanut butter and jelly sandwiches, which were delivered to the downtown ABCCM, to be handed out to folks in need.



**APRIL 7
Easter 2**

**Guest
Preacher:
Rev. Gerald
Davis**

Scripture:

**Acts 4:32-35 &
John 20:19-30**

Sermon:

“Locked in-Set Free”



APRIL 14:

Easter 3

**Scripture: Psalm 23
& John 10:11-18**



APRIL 21:

Easter 4

Scripture:

**Psalm 31:1-5, 15-16
& John 14:1-14**



APRIL 28: Easter 5

Scripture: 1 John 4:7-16

& John 15:1-8



Beloved, we are God’s children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is (1 John 3:2).

Happy Easter! While we sang, “Alleluia,” on March 31, decorated a floral cross, and witnessed to the **resurrection**, **Easter** is not over. We are always **Easter** people, and the season of **Easter** lasts for fifty days. We will keep singing **Easter** songs on Sunday mornings; we will hear witnesses to the **resurrection** from the Gospels; we will hold fast to **Easter hope**.

As Spring breaks forth around us, there are signs of new life everywhere we look – trees, flowers, and wildlife. Spring Break will offer a time to pause, rest, and play for Buncombe County staff and students. This month at Francis Asbury UMC, we continue in the season of **Easter**. We will continue to meet Jesus at the table, or rather, he will meet us at the table. There will be opportunities for worship, Bible study, service, and fellowship. Where will you find **resurrection hope**, as we Praise God, Grow Spiritually, and Reach Neighbors?

In Christ’s Love,
Pastor Avery



We are delighted to welcome our newest members into the Francis Asbury UMC Family! On Sunday, March 10, 2024, **Lorene & Carl Bradford, Joyce Chatham, Lisa Hensley and Sue Jaecques.**

We give God thanks for each of you!

If you’d like to become an official member of the FAUMC Family, please see Pastor Avery.

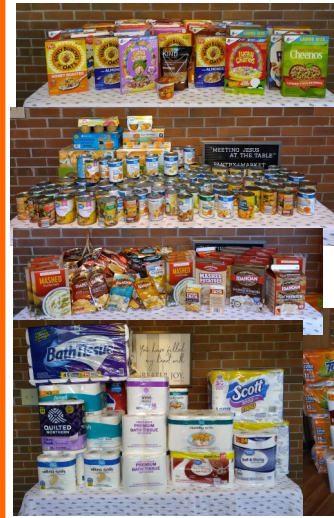
“Meeting Jesus at the Table” Lenten Practice

Thank you for your tremendous response in bringing items to support our free monthly food pantry/market this Lent & Easter! **WOW! You are amazing!** You provided **49** boxes of cereal, **282** containers of fruit, **213** cans of ready to eat soup/stew/chili, **124** packages of mashed potatoes, **349** rolls of toilet paper, **146** rolls of paper towels and **151** cans of meat.



In addition, our **Easter Communion Offering** for our “**FREE Food Pantry/Market**” was **\$248** & we received **\$250** to purchase items. Thank you for caring for neighbors!

Our next **FREE Food Pantry & Market** is **Thursday, April 18** from **3-5pm** in the Gym. Pantry & Market items are available to support **ANYONE** in the community who is experiencing food insecurity. Please see Vanessa Champlin to volunteer.



FAUMC NURSE MINISTRY

A Little Advice from Nurse Dora

THE HEALTH BENEFITS OF FORGIVENESS

When you are hurt by the actions or words of another person the wounds can leave lasting feelings of resentment, bitterness, anger, and even hatred. But if you hold onto that pain, you might be the one who pays most dearly. If you are unable to find **forgiveness** you may become depressed, irritable or anxious, feel at odds with your spiritual beliefs, bring anger and bitterness into relationships, or find you are unable to enjoy the present.

Forgiveness means different things to different people. But in general, it involves an intentional decision to let go of grudges, bitterness, resentment and anger. **Forgiveness** is a commitment to change and it may take some time and some practice. By choosing **forgiveness** you can embrace peace and hope and experience physical, emotional and spiritual well-being. **Forgiveness** can lead to improved mental health, less anxiety, and stress, fewer symptoms of depression, healthier relationships, improved self esteem, lower blood pressure, a stronger immune system and improved heart health.

So, when someone you care about hurts you, you can choose to hold onto anger and resentment, or embrace **forgiveness** and move forward. **Forgiveness** brings a kind of peace that allows you to focus on yourself and helps you to go on with life.

Let go & let God! **Dora Brown, RN, Faith Community Nurse**





FAB Women Meeting on Tuesday, April 9 @ 6pm at the home of Betsy Cooper (108 Grassy View Road)

Devo-Pastor Avery
Salty-Betsy Cooper
Sweet-Brenda Rhinehart

ALL LADIES WELCOME!

Please bring **Snacks for the Backpack Program** (peanut butter or cheese crackers, mini cereal boxes, individual bags of goldfish or chips) by **Sunday, April 21.**

Basket Auction & Lunch on Sunday, May 5. Share your idea with us when you've decided on the theme for your FABulous basket!



Remaining **Study Dates: Tuesdays at 6pm on April 16, 23, 30; May 7.**



Sunday, April 14 following worship in the Fellowship Hall.



Children and Family Ministry Team Meeting on Sunday, April 21 following worship



MEETING & BREAKFAST Sunday, April 21 at 7:30am

All Men are invited for good food & fellowship.



Many were gone for our last meeting- visiting family, on vacation, etc. But we did have a Special Guest...

the Easter Bunny appeared and needed help to stuff plastic eggs needed for the Easter Egg Hunt held on Palm Sunday. Those in attendance helped stuff eggs with candy, golden eggs, and some chocolate carrots. We stuffed at least 100 eggs. Thank you all.

Next **JOY Meeting on Tuesday, April 16 at 10:30am** in the FAB Room. Laura Casey will share her Postcard Ministry. **All Ladies welcome!**

IN HONOR OF **RUSTY BROWN'S 80th BIRTHDAY** FREE FOOD PANTRY/MARKET by Heather & Fred Hudson



IN HONOR OF **LAURA CASEY GENERAL FUND** By Shirley White

IN MEMORY OF **GLEN CHAMPLIN'S MOM ENKA MIDDLE MINISTRY FUND** By Jean Jones

IN MEMORY OF **TERRY RUTHERFORD CHILDREN & FAMILY MINISTRY** by Veronica & Leonard Crook

The United Methodist Church General Conference

Within the United Methodist Church, the General Conference is the only body that can set official policy and speak for the international denomination. The General Conference typically gathers every four years; however, because of the worldwide pandemic, the conference that had been planned for 2020 was postponed. Therefore, our denomination has not held a General Conference for almost eight years. The next General Conference meeting will be April 23 – May 3, 2024, in Charlotte. Our Annual Conference is one of the host conferences. North Carolina has a chance to welcome, and host, United Methodists from around the world. Attending the conference are 862 voting delegates – half clergy and half laity. They represent Annual Conferences in Africa, Europe, the Philippines, and the United States.



During their gathering, General Conference delegates: approve a budget for denomination-wide ministries around the globe; elect members of the Judicial Council; approve theological statements; and consider legislative petitions submitted by organizations, individuals, and Annual Conferences. They will also worship together daily. As the conference takes place this month, we are invited to:

- **Pray.** Pray for the delegates who will travel to Charlotte, for volunteers, for discernment, and for United Methodists around the world. Resource UMC has put together a devotional and prayer guide (similar to the Upper Room Daily Devotional) which you can access at: <https://www.resourceumc.org/en/content/guide-to-prayer-for-the-united-methodist-general-conference>. Copies available in the church office.
- **Stay informed.** Follow the events of General Conference through reliable new services such as The United Methodist News Service (<https://www.umnews.org/>). Many of the sessions, including worship, will be live-streamed.

One of the treasures of our denominations is our connectedness, which we see in our local churches, our Annual Conferences, and our General Conference. I am grateful to be connected with you, as we Praise God, Grow Spiritually, and Reach Neighbors here at Francis Asbury UMC.

If you have questions, comments, or desire further conversation, please reach out, or stop by my office at church.

In Christ's love- **Pastor Avery**



A P R I L 2 0 2 4



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY																																																	
PEW PRAYERS 7-FAB Women 14-Ladies Class 21-Men's Class 28-Young Adult	1 	2	3		4	5 <i>Office Closed</i>	6																																																	
BUNCOMBE COUNTY SCHOOLS SPRING BREAK																																																								
7 Easter 2 10 Sunday School 11 Worship Guest Preacher: Rev. Gerald Davis	8	9 11:15 Parkinson's CarePartners 6pm FAB Meeting at home of Betsy Cooper 6:30-7:30 pm Gym: <i>Cub Scouts</i>	10 6-7:30 pm Choir Practice		11	12 <i>Office Closed</i>	13 5-9:30pm Gym: <i>Smoky Mountain Dance Club</i>																																																	
14 Easter 3 10 Sunday School 11 Worship 12 Church Council Meeting in the FH 4 Spring Fling in the Courtyard	15	16 10:30am Joy Group 6pm Jesus & Women Study in the FH 6:30-7:30 pm Gym: <i>Cub Scouts</i>	17 6-7:30 pm Choir Practice		18 3-5 pm in Gym 	19 <i>Office Closed</i> 	20																																																	
21 Easter 4 7:30 UMM Breakfast 10 Sunday School 11 Worship 12 C&FM Team Meeting in the FH 4pm HV Youth Event	22 	23 6pm Jesus & Women Study in FH 6:30-7:30 pm Gym: <i>Cub Scouts</i> <i>The UMC General Conference Begins April 23-May 3</i>	24 6-7:30 pm Choir Practice		25 11:15 Parkinson's CarePartners	26 <i>Office Closed</i>	27 5-9:30pm Gym: <i>Smoky Mountain Dance Club</i>																																																	
28 Easter 5 10 Sunday School 11 Worship <i>Hominy Valley ABCCM Sunday at FAUMC</i>	29	30 6pm Jesus & Women Study in the FH 6:30-7:30 pm Gym: <i>Cub Scouts</i>	LAY READERS 7-C. Rice 14-Emma Maye Nicholson 21-Glen Champlin 28-Elise Mills			Basket Auction & Lunch on Sunday, May 5 following <i>worship</i> in the Fellowship Hall. Cinco de Mayo lunch, décor & activities. Lots of great baskets to bid on. <i>FAB Women Fundraiser for "Children & Family Ministry."</i>	<table border="1" style="font-size: small; border-collapse: collapse;"> <tr><th colspan="7">May 2024</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>	May 2024							S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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- 4/1 Doug Ledford
- 4/2 Wayne Grush
- 4/2 Mason Nicholson
- 4/2 C. Rice
- 4/3 Don Jones
- 4/4 Shirley White
- 4/11 Jan Gay
- 4/15 Elias Larimer
- 4/16 Frank Moore
- 4/17 Ann Gay
- 4/17 Lisa Mackey
- 4/18 Bob Anderson
- 4/18 Bob Sharpe
- 4/21 Charles Harris
- 4/24 Inez Clark
- 4/28 Millie Nicholson
- 4/29 Glen Champlin



- 5 Jan & Ann Gay
- 9 Leonard & Veronica Crook
- 12 Charles & Janice Harris
- 18 Rusty & Rosemary Brown
- 26 Tommy & Betsy Cooper
- 28 James & Melanie Hudson