

The Communicator Volume XXXVIII Issue 2
FRANCIS ASBURY UNITED METHODIST CHURCH
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FRANCIS ASBURY UMC

PRAISING GOD • GROWING SPIRITUALLY • REACHING NEIGHBORS

THE COMMUNICATOR

Volume XXXVIII Issue 2

FEBRUARY 2025



February Family Fun

Join us for **BOWLING**
on **Sunday,**
February 16 at 1pm
at **Sky Lanes**
(1477 Patton Ave,
Asheville, 28806).

Cost is \$6.25 per game. Shoe rental is FREE!

If you will be participating, please let
Danya know so we'll have a head count.
Lunch available at the bowling alley.

**Don't miss this incredi-bowl time with
church family! All are welcome!**



Welcome
to Our Church

Sunday
Worship
at
11 am

IN MINISTRY

Ministers & Missionaries-
ALL MEMBERS

Pastor	Avery White
Lay Leader	Val Grush
Music Director	Jess Mills
Administrator	Danya Sellers
Custodian	Glenda Shook
C&FM Director	Megan Serzan
Nursery	Amy Dayton
Faith C. Nurse	Dora Brown, RN



FOOD CONNECTION RESCUES surplus
chef-prepared food, **REPACKS** into
meals, **REDISTRIBUTES** into communities
which **REDUCES** food waste while
easing hunger and helping neighbors.

The Food Connection Food Truck "Fran"
passes out **free, delicious meals** in the
FAUMC parking lot on Thursdays from
3-5pm. Take as many meals as you need!
All are welcome! www.food-connection.org

Tell me the stories
of Jesus, I love to hear;
Things I would ask him
to tell me if he were here:
Scenes by the wayside,
tales of the sea,
Stories of Jesus,
tell them to me.¹



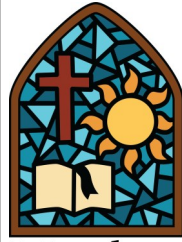
Do you have a favorite story? Maybe it is a book a family member read to you as a child, a novel you studied in school, or simply a beloved story of someone you know. Throughout history, stories have been an important tool for teaching, sharing, and human connection. Jesus is known for telling stories. We call them parables. His parables are teaching stories, ways of speaking that use images to get their hearers thinking.

This month, in worship, we will continue our study of some of Jesus' parables. They will challenge us, inspire us, and guide us. We will consider the parables of the hidden treasure, the pearl, the lost coin, the lost sheep, and the parable of Abraham and Lazarus. I invite you to read them in advance and consider what Jesus might have wanted to teach us through these stories. You might even take your study bible and read some other parables Jesus taught.

I look forward to worshiping with you this month as we praise God, grow spiritually, and reach neighbors together at Francis Asbury UMC.

In Christ's Love,
Pastor Avery

¹ "Tell Me the Stories of Jesus." United Methodist Hymnal, #277.



Worship
Schedule

FEBRUARY 2

**Holy
Communion**

Scripture:
**Matthew
13:44-46**

Sermon:
**Stories Jesus
Told: Hidden**

Treasure and the Pearl

FEBRUARY 9

Scripture: **Luke 16:19-31**
Sermon: **Stories Jesus Told:
Abraham and Lazarus**

FEBRUARY 16

Scripture: **Matthew 13:1-23**
Sermon: **Stories Jesus Told:
Lost Coin & Lost Sheep**

FEBRUARY 23

7th Sunday after Epiphany
Guest Preacher:
Rev. Dan Martin



**Hominy
Valley
Youth
Event
Feb. 2
at**

4:30 pm in the FAUMC
Fellowship Hall. For Youth
in 6-12 Grade. Fun, food,
fellowship and a project.
Wayne Grush will lead
the youth in making
homemade dog treats.



We are excited to offer a Confirmation class at Francis Asbury UMC in 2025. We have 3 Middle School Youth participating. Confirmation is an important time of faith development for students. They will learn about the Christian faith, church history, the United Methodist Church, and consider God's calling on their life. At the end of this journey, they can make the decision to join Francis Asbury UMC. The

decision to claim the Christian faith is an adult decision, and one we believe these young people are ready to consider. It is the first adult decision they will make, and they do so before they drive a car, vote, or leave home.

Our Confirmation journey will begin on Sunday February 16 and conclude on Sunday April 27. In addition to Sunday morning sessions, the confirmands will be matched with a mentor with whom they will meet regularly. The youth will attend a confirmation retreat at Hinton Rural Life Center March 28-30.

Please keep our confirmation participants, Pastor Avery and the mentors in your prayers during this meaningful journey!



**Do you know of someone who needs
some comfort?** Prayer Shawls, Pocket Prayer
Shawls & Francis Bears available in the Penley
Room. Please record your gift so we can keep
track of the outreach of these ministries.

**In 2024, we handed out
112 Prayer Shawls & 9 Francis Bears.**



DID YOU KNOW? Our very 1st **Blood Drive**
was on February 29th, 2008.

OUR IMPACT: **96 Drives**
2450 Units Collected **2558 Donors**
26 Avg. Units Per Drive



Let's Tackle Hunger Together!

Our young disciples will make a presentation and collect money, food & essentials for **Hominy Valley ABCCM** as part of the **2025 Souper Bowl of Caring** on **Sunday, February 9th** during morning worship.

We will celebrate Holy Communion during morning worship on **Sunday, February 2nd**. Our communion offering will go to the **"Hominy Valley ABCCM"** as part of our Young Disciples' annual collection for the **Souper Bowl of Caring**.

Last year with your help, they collected **\$760 + lots of items**.

Everyone is invited to bring donations through Sunday, February 9th.

We are grateful for this yearly presentation & collection by our Young Disciples that helps reach neighbors in need!



FAB Women Meeting on Tuesday, February 11th @ 6pm at the home of Brenda Rhinehart (58 Grassy View Road in Candler) **ALL LADIES WELCOME!**

Attention FAB Ladies... Please bring 15 Valentine Treats (candy, chips, pens, socks, etc) for the 15 Ladies at First Step Farm by February 9th.



Brief Meeting on Sunday, February 9 following worship.



MEETING & BREAKFAST Sunday, February 16 at 7:30am

All Men are invited for good food & fellowship.



In 2024, our monthly Free Food Pantry & Market served 1836 Individuals!

Thank you to all our Pantry Volunteers who make this important outreach possible!

Our next FREE Food Pantry & Market is Thursday, February 20 from 3-5pm in the Gym.

Pantry & Market items available to support **ANYONE** in the community who is experiencing food insecurity. **Volunteers needed!**

Also on site at every monthly market from 3-5pm is the **Food Connection Food Truck "Fran."**

FAUMC NURSE MINISTRY

A Little Advice from Nurse Dora

FEBRUARY IS AMERICAN HEART MONTH HOW TO TAKE CARE OF YOUR HEART

Your heart is a muscular pump that pumps around 2,000 gallons of blood daily throughout your body, taking oxygen and nutrients to your cells and taking away carbon dioxide and waste. To take care of your heart and keep it healthy, you should:

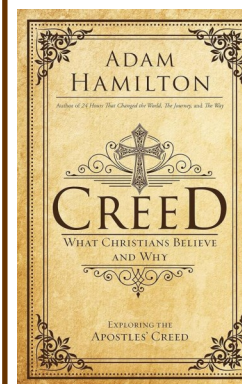
- Achieve and maintain a healthy weight.
- Eat heart-healthy foods such as fruits, vegetables and whole grains.
- Maintain healthy cholesterol levels.
- Be physically active for at least 150 minutes per week.
- Use healthy strategies to manage your stress levels.
- Limit how much sodium you consume to less than 2,300 milligrams per day.
- Get adequate, quality sleep.
- If you drink alcohol, do so in moderation.
- If you have diabetes, keep your blood sugar in an acceptable range.
- Quit smoking and/or using tobacco products, and avoid secondhand smoke.

Since your heart plays such a vital role, it is important to take care of it, and you have the power to make changes which contribute to a stronger and healthier heart.

Be Healthy, **Dora Brown, RN, Faith Community Nurse**

Partner Sunday is March 2nd!

Representatives and leaders from our partner organizations have been invited to join us for **morning worship** and to share about their respective work. **A lunch will follow the worship service, and give us further opportunities for sharing, connecting, and fellowship. Hope you can join us!**



Apostles Creed Sermon Series and Bible Study for Lent.

We will utilize Adam Hamilton's book "Creed" as our Lenten study. Copies of the book are available in the Penley Room for \$5.

In conjunction with her **Sermon Series (March 9-April 20)**, Pastor Avery will offer a **weekly bible study on Monday evenings (March 10-April 14) at 6:30pm** in the Fellowship Hall. All are welcome! *Please sign-up in the Penley Room.*



FEBRUARY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																	
PEW PRAYERS 2-FAB Women 9-Ladies Class 16-Men's Class 23-Young Disciples Class	LAY READERS 2-Bob Salajka 9-Cindy McDonald 16-Inez Clark 23-Glen Champlin	YOUNG DISCIPLES 2-Pastor Avery 9-Souper Bowl 16-Megan Serzan 23-Glen Champlin				1																																																	
2 10 Sunday School 10 Souper Bowl Skit Practice 11 Worship & Holy Communion 12 Children & Family Ministry 4:30 HV Youth 	3 3-5 Gym Reserved: FDNSC	4 Office Closed 6:30-7:30 pm Gym: Cub Scouts	5 NO Choir Practice	6 3-5pm Free Meals to Go Food Connection Food Truck "Fran" in FAUMC Parking Lot 3:30-5:30 Gym Reserved: FDNSC	7 Office Closed	8 5-9:30pm Gym: Smoky Mountain Dance Club																																																	
9 Souper Bowl & Scout Sunday 10 Sunday School 10 Souper Bowl Skit Practice 11 Worship 12 Brief Council Meeting in the Fellowship Hall	10 3-5 Gym Reserved: FDNSC	11 11:15am Parkinsons CarePartner Group 6pm FAB Meeting at the home of Brenda Rhinehart 6:30-7:30 pm	12 6:30pm Choir Practice	13 3-5pm Free Meals to Go Food Connection Food Truck "Fran" in FAUMC Parking Lot	14 Office Closed Happy Valentine's Day 	15																																																	
16 7:30 UMM Breakfast 9:45 Confirmation Class 10 Sunday School 11 Worship 1 pm Family Fun Bowling	17 Office Closed 3-5 Gym Reserved: FDNSC  	18 6:30-7:30 pm Gym: Cub Scouts	19 6:30pm Choir Practice	20 3-5 pm in Gym  3-5pm Food Truck	21 Office Closed	22 5-9:30pm Gym: Smoky Mountain Dance Club																																																	
23 9:45 Confirmation Class 10 Sunday School 11 Worship : Guest Preacher Rev. Dan Martin <i>Hominy Valley ABCCM</i>	24	25 6:30-7:30 pm Gym: Cub Scouts	26 6:30pm Choir Practice	27 11:15am Parkinsons CarePartner Group 3-5pm Free Meals to Go Food Connection Food Truck "Fran" in FAUMC Parking Lot	28	March 2025 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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- 2/1 David Tang
- 2/2 Carol Branting
- 2/2 Carolyn Shorter
- 2/5 Gretchen Lewis
- 2/10 Tom Phelps
- 2/10 Jacob Scott
- 2/11 Sandra Rector
- 2/11 Brenda Rhinehart
- 2/19 Brenda Heeg
- 2/21 Dick Branting
- 2/21 Bob Salajka
- 2/22 Avery Larimer
- 2/24 Morgan Rudisill
- 2/25 Ross Peebles
- 2/26 Alice Anderson